

## President's Message

At the recent AGM, I was re-elected as the President of the association and I am grateful for the opportunity to continue to serve the association and I thank you for your confidence and support. I am also very excited to have a new committee with some new faces who have recently joined us. I can sense a renewed enthusiasm in the new committee and I certainly hope we will be able to lead the association forward with new ideas and initiatives to improve the lives of psoriasis patients in Singapore.

We are in the midst of planning the World Psoriasis Day event which is held every year in October. This year, we are planning a walk where members of the association can come together and show support for the association. We aim to bring the message of psoriasis out to the public that psoriasis is not a contagious disease and deserves attention. This will be a fun time for us all and I truly hope that through this event, we can raise the awareness of psoriasis in Singapore and at the same time, experience the close fellowship that has been forged among the members of the association. So do look out for the event and bring your friends and family along!

God bless.

*Colin Theng*

## Psoriasis Association of Singapore

Cordially invites you & family to a

### Walk for Awareness

in conjunction with

### World Psoriasis Day

on

**24th October 2009, Saturday**  
at **Goldkist Beach Resort, Café Desires**  
10 East Coast Parkway  
Carpark D3

#### Program

0800hrs  
**Registration**

0900hrs  
**Walk for Awareness**

1000hrs- 1215hrs  
**Welcome speech by President, Dr Colin Theng**  
**Talk on Psoriasis**  
**Testimonials Sharing**  
**Motivational Poems and Songs**  
**Free Nail Spa- (Limited for Early Birds)**  
**Buffet Brunch**  
**Lucky Draw- (Limited for Early Birds)**

Free T-shirt &  
Goodie Bag

Welcome  
Donations



Free Shuttle  
Service from  
Bedok Central

7.40am, 7.55am, & 8.10am

R.S.V.P By 24th Sept  
Please contact Nik at 9005 8264  
meldeanalliance@gmail.com

## ANNUAL GENERAL MEETING 1 AUGUST 2009 by Valerie Poh

The 27th Annual General Meeting was held on 1 August 2009, Saturday. Before the AGM, members watched an entertaining movie, "Surf's Up" followed by a sumptuous buffet lunch.

Dr Colin Theng, the President of the Association, commenced the AGM with a welcome address. He then read an inspirational motivational verse. Other members followed with readings of more motivational verses. It was an inspiring moment.

Dr Theng thanked Galderma for their years of generous support and sponsorship. The Association looks forward to working with our new sponsors, LEO Pharma Singapore. The President also thanked PAS members Michelle Kee and Mr. Loo Leong Chai for their generous donations of \$6650 and \$10,000 respectively to the Association.

Dr Theng, Yoke Choo and Dr Tham Siew Nee attend the 2nd World Psoriasis & Psoriatic Arthritis Conference and the International Federation of Psoriasis Associations (IFPA) meeting in Stockholm in June. They reported on the activities and experiences. Some national associations eg the Philippines Psoriasis Association and Argentina are very active and well supported.

Nik reported on the activities of support group, an average of 31 members attended the regular meetings held on 27 March, 29 May, 28 August 2008 and 26 Feb 2009. Special

events such as World Psoriasis Day Celebration and Year-End Celebration also took place on 26 Oct 2008 and 18 December 2008 respectively. In addition to our psycho-social talks, we introduced a relaxation technique activity during one of the support group meetings. He appealed support from the members.

The President presented the annual report 2008/2009. The report was passed by Me. Benjamin Goh and seconded by Mr. Lawrence Tan. The Treasury reported was presented and accepted.



The following members were elected to the executive committee 2009/2010

President	: Dr Colin Theng
Vice-President	: Mr. Wong Foot Keng
Secretary	: Valerie Poh Guat Hua
Assistant Secretary	: Nik
Treasurer	: Colin Binns
Committee members	: Tan Yoke Choo Lawrence Tan Benjamin Goh Hasinas Sarma A Flora Fatima D'Cruz Joanna Tan Harry Hector Pereira Leong Keng Wai

Door gifts sponsored by Ego Pharmaceuticals Singapore were distributed to all members at the end of the meeting.





## **THE 2ND WORLD PSORIASIS AND PSORIATIC ARTHRITIS CONFERENCE (Reprint of IFDA Newsletter, June issue)**

For more info, please refer to [www.ifpa-pso.org](http://www.ifpa-pso.org)

IFPA Executive Committee and the Organizing Committee are delighted to announce that the World Conference held in Stockholm, June 24-28, was an enormous success with a great many delegates, an excellent Scientific Program with experts in Psoriasis and Psoriatic Arthritis from all over the globe as speakers and chairs, an interesting exhibition with companies from a wide range in the psoriasis field where many connections and contacts were established, a superb and joyful Social Program, and not to forget – the most fantastic Swedish summer weather we could wish for.

The arrangements were very appreciated by the 968 delegates from 66 countries that participated.

IFPA Executive Committee wants to take the opportunity to thank everyone that made this success possible.

A warm thank you to the Scientific Executive Committee: Prof. Jörg C Prinz, President of the Conference, Prof. Mona Stähle and Prof. Christopher Ritchlin – you made an extra ordinary contribution and fantastic work with the forming of the Scientific Program. IFPA Executive Committee thanks all the speakers, chairmen, sponsors, exhibitors, organisers, volunteers, patient representatives and all delegates for “The Psoriasis Event of the year.” Thank you!

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## **THE COMPLEMENTARY PROGRAM FOR ALLIED HEALTH PROFESSIONALS AT THE 2ND WORLD PSORIASIS AND PSORIATIC ARTHRITIS CONFERENCE**

The new part of the Scientific Program of the World Conference, introduced for the first time, the Complementary Program, was highly appreciated and very well attended. At some of the sessions the 120 chairs were not enough for the large audience of nurses, physiotherapists, patient association leaders and others involved and interested in the treatment of psoriasis and psoriatic arthritis. The lectures on many issues and subjects from various angles and views of psoriasis were delivered by leading world experts and professionals who care for people with psoriasis and psoriatic arthritis in their every day work. This successful part of the conference directed to an even broader and wider target group that treats and cares for psoriasis patients in their daily work will certainly remain in the Scientific Program and will be even more developed for the next World Conference.

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